Hisense

Healthy frying.

From sweet to salty:



Enjoy new recipes with Hisense Air Fryer HAF1600D Cross Wave

Hisense cares about your health.

Explore the amazing possibilities with your Hisense air fryer and tasty ideas.

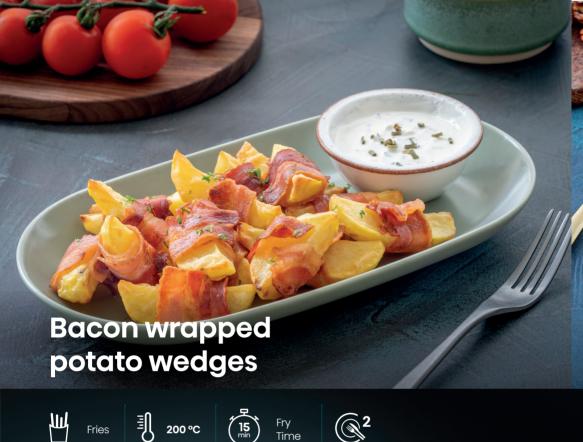
Air fryers are among the newest and most popular appliances for the worktop. They cook by circulating hot air around the food. This gives you a crispy, crunchy coating without having to deep-fry or use oil. Does a hot air fryer deserve a place on your kitchen counter?

CULINARY GUIDE

6 exciting recipes for Hisense Air Fryer HAF1600D Cross Wave

- 1. Bacon wrapped potato wedges
- 2. Roasted brussels sprouts salad
- 3. Sesame crusted salmon
- 4. Roasted cauliflower with crispy chickpeas
- 5. Coconut shrimps with sweet potato
- 6. Steak fajita with colorful vegetables





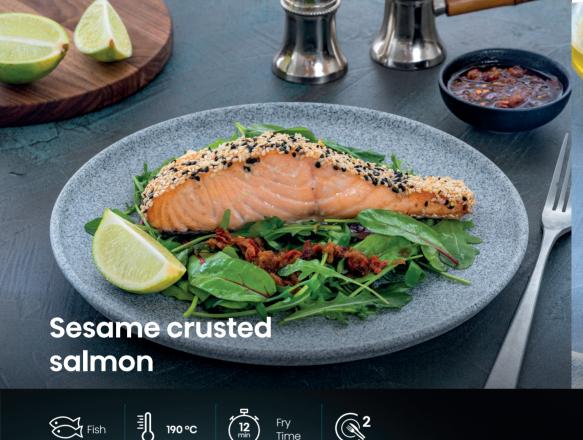
- 400 g potatoes
- 200 g bacon
- · sour cream dip
- salt
- pepper

- Peel the potatoes and cut them into equal-sized pieces.
 Rinse them under cold water and pat them dry. Season them with salt and pepper to taste.
- 2. Wrap each potato piece with a slice of bacon.
- 3. Place the potatoes in the basket of the air fryer.
- 4. Fry them for 15 minutes at 200 °C.
- 5. Serve the potatoes with the sour cream sauce.



- 500 g Brussels sprouts
- 1/2 teaspoon salt
- ¼ teaspoon black pepper
- 2 tablespoons olive oil
- 20 g grated Parmesan cheese
- 30 g pecan nuts
- 100 g mayonnaise
- 1 clove of garlic

- Trim 500 g of Brussels sprouts and cut in half lengthwise.
 Blanch in boiling water for 3 minutes. Drain and leave to dry.
- 2. Pour over 2 tablespoons of olive oil. Season them with ½ teaspoon of salt and ¼ teaspoon of black pepper. Mix well.
- 3. Place the Brussels sprouts in the basket of the air fryer.
- 4. Fry for 10 minutes at 200 °C.
- 5. Halfway through add 20 g grated Parmesan cheese and shake/stir.
- 6. Mix 100 g mayonnaise with the grated garlic clove.
- 7. Top the Brussels sprouts with pecans and garlic mayonnaise
- 8. Serve warm.





- · 1 egg white
- 2 teaspoons cornstarch
- Sesame seeds
- 2 tablespoons soy sauce
- · 1 garlic clove
- 2 teaspoons grated ginger
- ½ teaspoon chili flakes
- 2 tablespoons lime juice
- Mixed green salad

- Mix egg white and cornstarch. Coat the skinless side of the salmon with the egg white mixture and dip in sesame seeds.
- 2. Place the salmon filets in the basket of the air fryer.
- 3. Fry for 12 minutes at 190 °C.
- 4. In a small bowl mix together 2 tablespoons of soy sauce, 1 grated garlic clove, 2 teaspoons of grated ginger, ½ teaspoon of chili flakes and 2 tablespoons of lime juice.
- 5. Serve the sesame crusted salmon



200 °C

3 tablespoons oil

Yeggies

- 3 teaspoons BBQ seasonina
- 250 g canned chickpeas

400 g cauliflower florets

- ¼ teaspoon salt
- ¼ teaspoon black pepper
- Mixed green salad

- 1. Pour 2 tablespoons of oil over 400 g of cauliflower. Season with 3 teaspoons of BBQ seasoning and mix well.
- 2. Air fry for 23 minutes at 190 °C.
- 3. Drain 250 g chickpeas, rinse and pat dry. Pour over 1 tablespoon of oil and season with 1/4 teaspoon of salt and 1/4 teaspoon of black pepper. Mix well.
- 4. Air fry for 20 minutes at 200 °C.
- 5. Serve the fried cauliflower with a mixed green salad and garnish with crispy chickpeas.





Shrimp



190 °C



Fry Time



- 400 g peeled sweet potatoes
- 2 tablespoons oil
- 200 g shrimp, raw and peeled
- 20 g flour
- ¼ teaspoon salt
- ¼ teaspoon pepper
- ¼ teaspoon garlic powder
- legg
- · 30 g grated coconut
- 20 g panko breadcrumbs
- Salt and pepper to taste

- Cut 400 g of sweet potatoes into 1 cm thick planks and then cut them into 1 cm thick strips. Add 2 tablespoons of oil and toss to mix
- 2. Fry for 25 minutes at 200 °C, stirring halfway through.
- 3. When ready, season with salt and pepper to taste.
- 4. Pat 200 g shrimps dry. Combine 20 g flour and ¼ teaspoon garlic powder in a shallow bowl. Whisk 1 egg in a second shallow bowl. Combine 30 g shredded coconut and 20 g panko breadcrumbs in a third shallow bowl. Dip the shrimps in the flour mixture and shake off the excess. Then dip the shrimps in the eggs and then in the coconut-panko mixture and press down gently.
- 5. Air fry for 12 minutes at 190 °C.
- 6. Serve the coconut shrimps with sweet potato fries and drizzle with fresh chili and lime juice.



- 1 yellow bell pepper
- 1 green bell pepper
- 1 red bell pepper
- 1onion
- 2 tablespoons oil
- 400 g sirloin steak
- Brush 400 g sirloin steak with olive oil and season it with salt and pepper.
- 2. Air fry for 15 minutes at 200 °C, turning halfway through.
- the steak is cooked, wrap it in foil and leave it to rest for 10 minutes.
- 4. While the steak is resting, cut the peppers and onion into thin strips. Add 1 tablespoon of oil and mix everything well.
- 5. Air fry for 15 minutes at 200 °C, stirring halfway through.
- 6. 6. Cut the steak into thin strips and serve with colorful vegetables, tortillas and red salsa.

HISENSE AIR FRYER MODEL HAF1600D CROSS WAVE

Is equipped with innovative features that offer you the benefits of easy and convenient use

10 PRESET MODES

Temp.

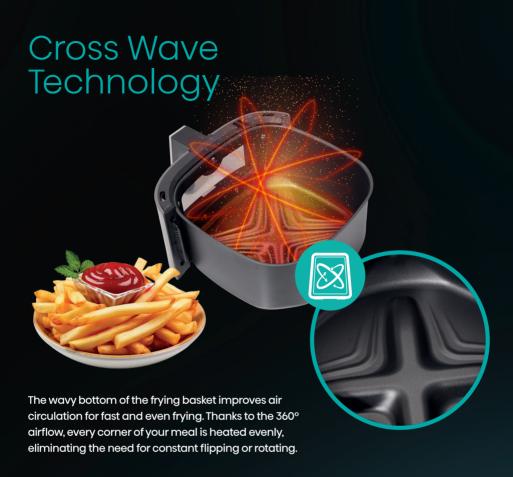
You can use 10 preset programs for quick and efficient cooking with automatic temperature and time settings. The 8 classic options include chicken wings, French fries, fish, potato, steak, sausages, vegetables and cakes, while two innovative programs — defrosting and dehydrating — add a modern touch.

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DEFROST AND REHEAT FUNCTIONS

This modern air fryer offers preset programs for defrosting or reheating food at the touch of a button. There is also a preset that keeps food warm for 20 minutes after it is ready.

CRISP PERFECTION SETTINGS

For perfect crispiness, you can set the temperature manually between 40 and 200 °C. The timer can be set for up to 60 minutes.

Discover the wonders of

AIR FRYING FAQ

I have never air fried before ...

There are 10 preset programs with automatic adjustment of temperature and time.





Should Luse some oil?

An air fryer delivers the taste and texture of fried or roasted food without the need to dip your food in oil.

Is that possible?

Air fryers cook with rapid heaters and cyclonic fans. Raised and perforated frying trays in non-stick frying basket allow for an advanced airflow that guarantees crispy results.







Do I need to preheat the air fryer?

This means considerable savings in time and money. Air fryers use up to 50% less energy than ovens.

My food is not in preset program...

You can easily customize your cooking experience by selecting the temperature in the range from 40 °C to 200 °C and setting the timer for up to 60 minutes.





Won't fry food because I don't like cleaning

Wipe the baskets with a soft cloth after each use. The smell of fried food won't linger in your home like it does when you use a deep fryer or frying pan.

Can I prepare something new and exciting in the air fryer?

Take a look at our exclusive recipes and combine different and versatile ingredients to create amazing dishes!



Notes:		

Hisense

Sense for Functionality





