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**IMPORTED / DISTRIBUTED BY:**

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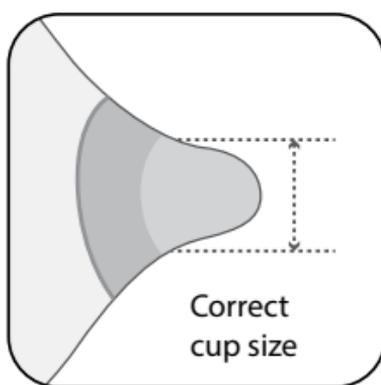
EN

SET OF 2 BREAST SHIELDS

The milk extraction should be a pleasant action and the size of the breast shield greatly affects the type of experience that is lived while using the breast pump. The Nuvita interchangeable breast shields, compatible with all models of the Materno Smart X line, are available in 3 sizes: 20, 24 or 28 mm.

**HOW TO CHOOSE THE RIGHT BREAST SHIELD:**

1. With a ruler or a measuring tape, measure the diameter of the nipple (in mm), passing through the centre and excluding the areola.
2. Based on the mm measured, choose the breast shield that is the closest to the measured value.



Correct cup size

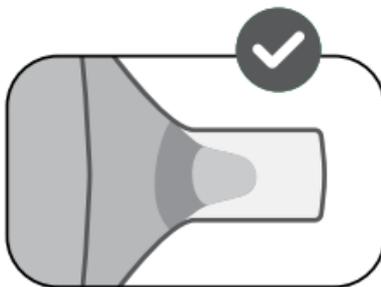
**SIZE OF NIPPLE**



**HOW TO UNDERSTAND THE CORRECT BREAST SHIELD SIZE:**

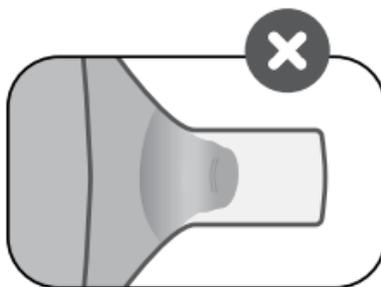
**CORRECT**

If the nipple remains in the centre when operating the breast pump and it moves freely without feeling any discomfort, the breast shield used is in the correct size.



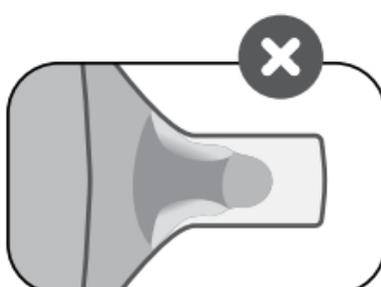
**TOO SMALL**

If the nipple rubs along the side of the tunnel, becomes red and gives discomfort, the breast shield is too small.



**TOO LARGE**

If the nipple and excessive areola are pulled into the tunnel and become whitish, the breast shield is too large.



**IMPORTANT SAFETY MEASURES**

- Check before each use.
- Discard at the first sign of damage or wear.
- If you experience any problems or pain, consult your doctor.

**ASSEMBLY AND USE**

- Connect the breast shield to the connector of the Nuvita Materno Smart breast pump.
- Verify that the breast shield and connector are securely assembled.

**CLEANING**

- **Clean the breast shield immediately after use to avoid drying of milk residues and to prevent the formation of bacteria.**
- **For cleaning, use only drinking water.**
- **If you use a brush, be careful not to damage the components.**
- **Clean the breast shield in a hot water for 2 minutes.**
- **Recommend cold sterilisation.**

**AFTER EACH USE**

- Rinse the breast shield with cold clean water.
- Clean with plenty of warm water and dishwashing detergent.
- Rinse with clean cold water.
- Dry with a clean cloth or let it dry on a clean cloth.
- Store in a clean storage bag, cloth or paper until next use.

**BEFORE EACH USE**

- Thoroughly wash your hands with soap and clean water before touching your breasts.
- Clean the breast and surrounding area with a damp cloth.
- Do not use soap or alcohol, as they can dry out the skin and cause cracked nipples.